

ADVANCE CARE PLANNING (ACP) CERTIFICATION TRAINING



Through a long-standing community partnership, the University of Colorado School of Medicine and The Denver Hospice have developed an Advance Care Planning (ACP) Volunteer Certification Training Program funded through a grant from The Colorado Health Foundation and NextFifty Initiative.

The goal of this project is to train and certify individuals to facilitate effective conversations through relationship-centered communication and completion of documents related to advance care planning.

A central focus of our training uses the evidence-based RELATE™ Model of Communication. Additionally, our training emphasizes advance directive proficiency, culture and diversity and linking advance directives back to the health care system.

WHAT IS ADVANCE CARE PLANNING?

- Advance Care Planning is a process of reflecting and communicating about the health care you would want if you were unable to speak for yourself. Through illness or injury, anyone can potentially become unable to speak for themselves about the medical care they would choose.
- Advance care planning is an opportunity to share your personal values with loved ones and your health care providers.
- Sharing copies of your completed advance directive with your loved ones, health care providers, and your health care agent are important steps in assuring your decisions are honored.

82% of people say it's important to put their wishes in writing, *but 23% have actually done it.**

60% of people say that making sure their loved ones aren't burdened by tough decisions is "extremely important", *but 56% have not communicated their wishes.**

*(Source: The Conversation Project, National Survey 2013)

If interested or for more information, please contact Lierin Flanagan, Advance Care Planning Coordinator at:
Email: lflanagan@care4denver.org Office: 303.780.4514 | Cell: 720.697.0346

Advance Care Planning Certification Training Program Schedules for September-November 2018

Training consists of 16 hours in-classroom, and approximately 4-6 hours of homework.

DATES & TIMES	SESSION 1	SESSION 2	SESSION 3	SESSION 4
MONDAYS 5:00pm-8:30pm	September 3	September 10	September 17	October 1
MONDAYS 9:00am-1:00pm	October 15	October 22	October 29	November 12
THURSDAYS 9:00am-1:00pm	October 18	October 25	November 1	November 15

TRAINING LOCATION:

- All sessions are held at The Denver Hospice located at 8299 E. Lowry Blvd, Denver CO 80230 in the Care Center/Education Room

WHAT YOU CAN EXPECT FROM US:

- A safe, inclusive classroom setting
- We will provide coffee and bagels.
- You'll receive a binder with content from each session, and resources for advance care planning.

The Colorado Health Foundation is singularly focused on helping Coloradans live their healthiest lives by advancing opportunities to pursue good health and achieve health equity through grantmaking, policy and advocacy, strategic private investments and convening to drive change. For more information, please visit www.coloradohealth.org

NextFifty Initiative is dedicated to improving community services for the older adult population and caregivers through financially supporting game-changing breakthroughs to improve and sustain quality of life for people in the second 50 years of their life. For more information, please visit www.next50initiative.org